

Becoming a Kaleido Konnector

About Kaleido Arts for Wellbeing

Kaleido Arts for Wellbeing was established in 2021. We emerged out of the ashes of the Covid pandemic and ran our very first pilot workshop – Writing for Wellbeing – in a community centre in the heart of Pitsmoor, an ethnically diverse, socio-economically deprived suburb in Sheffield.

Our mission

Kaleido Arts for Wellbeing uses creative arts to bring wellbeing to people suffering because of war, discrimination, abuse and loss. We recognise that trauma and mental health issues affect people from all walks of life, and we believe everyone should have the opportunity to experience freedom and joy through creativity.

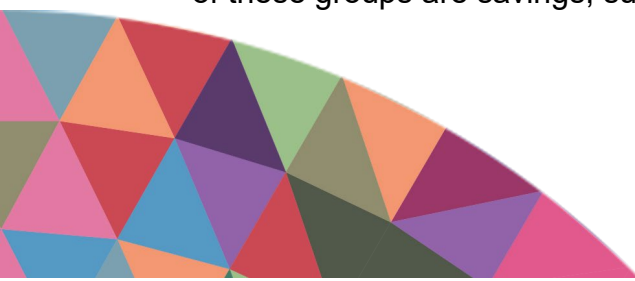
We have developed five 10-week creativity for wellbeing programmes. Each workshop runs for two hours and takes participants on a healing journey through ten themes:

1. Being
2. Belonging
3. Beauty
4. Blessings
5. Memories
6. Mourning
7. Releasing
8. Relating
9. Redeeming
10. Hopes and Dreams

Our programmes are:

- Art for Wellbeing
- Drama for Wellbeing
- Drumming for Wellbeing
- Woodwork for Wellbeing
- Writing for Wellbeing

In addition to our creative programmes, we also encourage our participants to move onto developing their own self-sustaining groups called Self-Reliant-Groups (SRGs), where participants can develop an enterprise of some sort together. The foundation of these groups are savings, supports, skill development and self-reliance.



Our values



Creativity

All our activities inspire creativity using a variety of media. Our programmes are structured around themes, allowing for creative joy and individual expression.



Community

We run group workshops to facilitate community. We encourage friendships to flourish within and beyond our groups between people from diverse backgrounds.



Compassion

We are compassionate and non-judgemental, providing safe spaces for expression. In all we do, we seek to follow the ultimate model of compassion, who we believe is Jesus.



Empowerment

Our wellbeing workshops build participants' confidence and self-worth, and our follow-on Self-Reliant Groups develop support, skills, savings and trust.



Freedom

Our programmes are designed to release people into new areas of creativity and skills, encouraging the journey to freedom from limiting beliefs.



Kaleido Konnectors

Who are Kaleido Konnectors?

1. A freelance creative trained and equipped to deliver our model of creativity for wellbeing programmes in your own context.
2. It is not so much a job as an opportunity. You may be delivering our workshops with refugees in your community, in a prison setting, among men or women struggling with their mental health, in a local church, or you may want to start offering our workshops to local businesses. There is flexibility within the 10-week structure regarding delivery.
3. You may come from a teaching background, a medical background, a therapeutic background or simply love using your creativity to bless others. We don't want to be too prescriptive about professional backgrounds because we believe character qualities are more important.
4. Being a Kaleido Konnector means you'll become an ambassador for our brand and will be expected to uphold our values in your dealings with participants and with any organisation or business connections.

Essential qualities

- To respect the Christian values and foundations of our work
- To value creativity as a gift
- To uphold confidentiality and follow safeguarding procedures
- To recognise everyone's individual worth
- To be warm, friendly and open
- To be compassionate
- To be willing to face uncertainty
- To act with honesty and integrity
- To be humble, teachable and reflective

Desirable qualities

- To have a living, personal relationship with Jesus
- To recognise the Bible as authoritative
- Experience working with vulnerable people (most of our work is with adults, but experience working with children is also valuable)
- Trained in Trauma-Informed-Care or Mental Health First Aid
- Ability to build positive relationships with organisations
- To be organised and manage your time well
- To have a good sense of humour
- To think outside the box



Fees

Products

Writing for Wellbeing

Drama for Wellbeing

Drumming for Wellbeing (to be developed)

Crafting for Wellbeing (to be developed)

Woodwork for Wellbeing (to be developed)

Individual license fees

£400 for initial training (with discounts for purchasing more than one product)

£150 for annual license (after first year)

Organisational license fees

Church, voluntary sector or other non-profit

£1500 for initial training (with discounts for purchasing more than one product)

£400 for annual license (after first year)

Corporates or governmental

£2500 for initial training (with discounts for purchasing more than one product)

£800 for annual license (after first year)

NB. For organisations, up to four people from your organisation can take part in the initial training.

What is included?

- 4-5 hours of training
- Training manual
- Marketing resources
- Receipt of regular newsletter
- Ongoing community support

